

Spire

June/July

2020

Vol. 29

No. 6



We don't have a perfectly clear picture right now, but what we do know is that this summer is going to be different.

Usually when the school year ends, there is mounting excitement in the air--graduations, baseball, beach days, exotic vacations, weddings--but this year, summer, for many of us, is not going to include these things, in fact, it is going to look very similar to how the past few months have looked. I have heard it mentioned by several people that it feels like we are stuck in the movie "Groundhog Day." If you haven't seen it, you just need to watch the first 20 minutes to get the entire movie. Trust me.

Many of you are on our e-blast list, but for those that are not, I want to share with you what I wrote there when discussing the reopening of our church campus--as it is important enough to repeat so we all get the chance to hear.

In uncertain times, it is only natural to want to return as quickly as possible to the way things were--as being in unfamiliar territory is not only daunting, it is exhausting. Rushing back together though without thoughtful consideration (even with permission to return to some semblance of normalcy by the authorities), undermines the work that God has been doing in our lives during this time--as God has most definitely been at work.

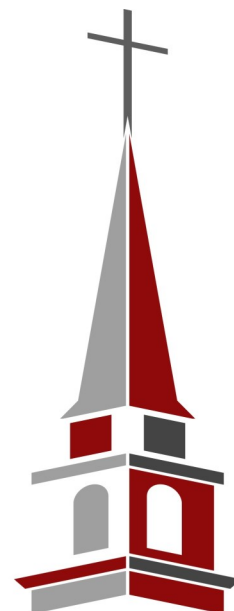
Our church--both as individuals and collectively--has learned that we have the capacity to adapt and do so quickly. In fact, we have learned to thrive!

Continued on page 2

Point Loma Community Presbyterian Church

Worship Services Online
Red Brick Kids Worship
Sunday 9 am
Sunday Worship
9:30 and 11:00 am
www.pointlomachurch.org

Rev. Karla Shaw
Senior Pastor
2128 Chatsworth Blvd.
San Diego, CA 92107



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www.facebook.com/PointLomaChurch

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pointlomachurch.org

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LOOKING AHEAD

June 14:	Confirmation Sunday
June 21:	Father's Day
June 21:	Inside Out Worship
June 25:	Prayers, Pints & Patios
June 26:	Children's Ministry Beach Day
June 28:	Undy Sunday
Aug. 3-5:	VBS Express
Sept. 25-27:	Family Camp

Our Vision: Loving Everyone to LIFE with Everything we Have.

Our Mission: Through authentic community, we seek to EXPERIENCE Jesus, JOURNEY into Deeper Faith, STRENGTHEN the Church, and TRANSFORM our World.

Values:

1. We are a good home.
2. We are intergenerational.
3. We inspire engagement.



Join us for our new Inside Out Worship on June 21.
pointlomachurch.org/register

CHURCH NEWS

Session Highlights - May 27, 2020

As the Session convened its teleconference meeting in May, attendees took extra time to share their experiences during the quarantine. They were especially glad to see the return of Pastor Alex Wirth following his recovery.

The Session agreed with recommendations from Elders John Brand of the Renovation Task Force and Pam Werner of the Capital Campaign Committee that renovation planning and activity be suspended. Their task forces will keep a close watch on developing changes in meeting space regulations and culture.

Rev. Karla Shaw shared a proposal for the resumption of on-campus gatherings with carefully designed Sunday evening outdoor services. Following extensive discussion, the Session approved

funding and starting this service in late June.

The Session also approved the presentation of a three-day replacement for vacation Bible school developed by Karen Connor and the Children's Ministry. These on line events followed by innovative live neighborhood "parades" will occur in early August.

The Session offered prayers for Nicole Hage and the Red Brick Preschool that continues to serve our community in a stressful time. The meeting closed with Rev. Shaw holding up our congregation in prayer, and thanking God for our continued faithfulness.

John Spafford
Clerk

Pastor Karla, Continued from page 1

WE have ministered to people that would never walk on our campus. WE have become the face of the church, not our building. And WE have mastered new ways of being together which we have previously resisted. I want us to be mindful that these changes, and many more, are good changes. They are not just good because they make us more relevant, they are good because they align us more with God's purposes.

In fact, change and transition are the primary modes that God uses in his Scriptures to transform His people more into His likeness. We see the Israelites plucked from slavery in Egypt to wander for forty years in the wilderness. We see future generations, after settling in the promised land, be sent into exile to unknown territories. And in Christ, the entire way of being in faith was brought into question for these same Jewish people. **God's primary mode of transforming us is through change. Covid-19 has changed us; it is still changing us. That change is painful, but much of it is good.**

As Rev. Tod Bolsinger says in his book, *Canoeing the Mountains*, "**People don't resist change, they resist loss**" and I have found that to be true. As we step into a reopening of our church campus later this month, and as we discover that our reopening is not returning to how things were before, I want to encourage us all to name our grief, recognize it, and give it to God, so we can be gracious to ourselves and one another.

These months ahead, in many ways, for some of us, may be more painful than the previous weeks, as in them, there is bound to be (more) loss—loss of ways of worship that we have become accustomed to, loss of our full intergenerational community meeting in-person, and loss of familiar structure. But, as our faith informs us, in death there is always new life. So let us focus on the that—the exciting ways that God is working among us and through us in these times, as there is a lot of new life emerging around here!

And, rest assured, even though we don't have a perfectly clear picture of what this summer (or fall) will look like yet, we are in this together, and no one will be left behind.

In this together,
Pastor Karla

ADULT MINISTRY

Sunday Scripture Group Starting June 14, we'll begin a 4-part series entitled *Archaeology+Jesus*. Does what we are digging up in Israel today resemble what's mentioned in the Gospels? We'll learn about groundbreaking finds that are illuminating aspects of Jesus' life. Contact: Bob Simoneau, grs55@cox.net for Zoom information.

Monday Morning Men—Still meeting Monday mornings 7-8:30 am for virtual coffee via Zoom.

Contact: Evan Gratz, evan@pointlomachurch.org

Continuing The Conversation (CTC) Typically meets the 4th Tuesday of the month to discuss relevant issues with regards to race and shared experiences.

Contact: Gordy Lutes, gklutes@gmail.com.

Rachel Circle - Not currently meeting.

Contact: Marge Grant, 619-296-2720.

Women's Book Study—Tuesday, 9 am, via Zoom. Pastor Karla is leading a book study on *The Divine Dance*. The study goes through the month of June. Women of all ages and stages are welcome!

Contact: Clara Blenis, clblenis@sdccd.edu

Journeymen: Wednesdays, 7 am All men are invited to join this group of guys who chat about life and discuss relative topics all while digging into what Scripture says about them. For more

information, contact Evan Gratz, evan@pointlomachurch.org

Men@Work: The Men@Work are still meeting regularly on Wednesday mornings at 8:30 am on Zoom. Em Cummins continues to have a scripture lesson for us each week that we discuss and enjoy each others presence. You are welcome to join us if you would care to learn.

Contact: Don Griffith, don.griffith69@gmail.com.

Wednesday Men's Bible Study 5pm, via Zoom. Fellowship and study time. We continue meetings virtually through Zoom as we study the Book of Hebrews. All are welcome <https://us02web.zoom.us/j/6192231623>

Contact: Jerry Heidt, gheidt@ghhco.com

Knitters— Not currently meeting.

Contact: Judy White, gmajudy@san.rr.com

Centering Prayer—Thursday, we are still praying individually from our homes.

Contact: Pastor Alex, alex@pointlomachurch.org

Prayer Quilt Ministry— We are quilting from home and sharing online. We also continue to make masks for those in need.

Contact: Karen Vandenberg, ktvandenberg@aol.com.



SENIOR
ADULT
MINISTRY
PROGRAMS

Elaine Burrell, Director, MSW | elaine@pointlomachurch.org | 619-223-1633 x210

Event Updates!

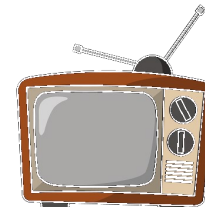
Your Life is a Work of Art: A Celebration of People in their 80's & 90's Photography Exhibit (originally scheduled for May 5): This art show & reception will be rescheduled for September in the church Chapel. Details to follow.

AARP Safe Driver Renewal Course (originally scheduled for June 3): All in- classroom AARP courses have been cancelled through June 30. However, you can still take the online course anytime from the convenience of your home computer, at a discounted price. To do this, go to: www.aarpdriversafety.org.

Peninsula Shepherd Center Summer Celebration (originally scheduled for June 26): Unfortunately, the annual fundraiser luncheon for the PSC has been cancelled. Activities at the Shepherd Center are currently on hold but Lisa & Larysa are busy setting up the beautiful new Senior Lounge. Current telephone hours at the Shepherd Center are generally Mon-Friday 9-Noon, 619-223-1640.

Exercise Classes on TV

Feeling Fit Club is on County News Center TV, Monday through Friday at 8am, 1pm & 4pm Cox channels 19 & 24
Spectrum channels 24 & 85
AT&T U-Verse channel 99



Silver Age Yoga classes are offered Monday through Friday at 9am and 2pm Cox channels 19 & 24
Spectrum channels 24 & 85
AT&T U-Verse channel 99

Feeling Lonely?

Social distancing can lead to feelings of sadness and depression. The Institute on Aging has a Friendship Line that is open 24/7.
1-800-971-0016

Music for Life: Music on your Driveway

Meet Adam Thompson, Music Assistant at Point Loma Community Presbyterian Church. Adam is a lifelong musician who has offered to bring joy to you by serenading you for 20 minutes from a safe distance – such as your driveway – while wearing a mask. Selections include favorites in the style of Folk, Gospel, Americana, Patriotic & Popular. If you would like Adam to serenade you, call Elaine to coordinate: 619-838-2028 (cellphone).

Confirmation Class of 2020

Confirmation is a discipleship opportunity and a means of publicly proclaiming your faith. In midst of the COVID-19 pandemic, we had to make some changes to the normal elements of the program, but the core of the program remained the same: learning and relationships. Students met weekly for an hour and 15 minute Zoom class for 8 weeks. Along with the class learning, students were paired with an adult mentor from the church who would go over the material they were learning, share stories, and pray with them. Here are the students who went through Confirmation:

Ana Bolster	9th grade	Allison Pritchett	9th grade
Kathryn Duby	9th grade	Sarah Pritchett	7th grade
Lilian Franqui	7th grade	Ellis Thome	8th grade
Ryan Hage	9th grade	Ben Waterman	7th grade
Edie Pickering	7th grade		

All of these students will be officially “received” at a later date to be determined.

BRICK MONDAYS

Junior High // Mondays 5-7 pm
High School // Mondays 7-9 pm
Via Zoom

BRICK THURSDAYS

High School // 7:30-8:30 pm
Via Zoom

For the Zoom meeting links,
or any other needs, email
ro@pointlomachurch.org

Promcoming 2020

It has been an odd 2020 so far. For seniors, not only was graduation cancelled, but so was Prom. And with Fall being up in the air, plans for Homecoming 2020 are tenuous. On Saturday, June 6, BRICK Youth hosted “Promcoming 2020” which combined Prom and Homecoming for all high school students. We encouraged students to come dressed up and join us for a night of fun, ridiculous, energetic dancing. We had about 12 students who joined us. Some danced, some texted, and some watched. It was like an actual dance!!! See page 12 for photos.

Nicole Hage, Director | preschool@pointlomachurch.org 619-223-3327 | www.redbrickpreschool.org

The Preschool is coming to an end for this school year. Our last day of school is June 5. We had a wonderful year and were able to re:imagine our preschool during the Covid-19 Pandemic. We had virtual learning online; with group lessons, 1:1, and even Spanish. We made home learning kits that families could complete while they were home with their children that were a huge hit. We were able to open our doors to our families of essential workers and ended up serving 16 kids and two classrooms. The preschool staff stayed busy, lesson planning, online education, making deliveries, and thinking outside the box. I want to thank all the teaching staff for their amazing work and dedication to our preschool. We are gearing up for 9 weeks of summer camps the end of June – mid-August for preschool aged children. For summer camp information, please call Nicole at 619-223-3327 or email at preschool@pointlomachurch.org.



As we look forward to another great school year starting September 8, we are implementing many changes to assure we are in compliance with regulations. Changes include smaller class sizes, playground time will be staggered so that only one classroom at a time is playing, children will be picked up and dropped off from designated areas and only staff will be allowed in classroom areas. Enhanced cleaning protocols will continue, with handwashing being required between all transitions. Snacks will no longer be served family style, staff will serve all food items using gloved hands. Additionally, any children or adults exhibiting flu-like symptoms or respiratory difficulties will be sent home. Children will be kept in a quarantined area until parents arrive.

If you would like any information on our Preschool please call Nicole at 619-223-3327 or email at preschool@pointlomachurch.org.



Karen Connor, Director of Children's Ministry | karen@pointlomachurch.org
619-223-1633 x215

Sunday Programs

Join us every Sunday online at 9 am for the Red Brick Kids Worship Service. Simply visit pointlomachurch.org and click on the Worship graphic.

Children's Ministry Blog

The Children's Ministry has a brand new blog. We are sharing boredom busters, inspiring videos, activities and more! Check is out today by visiting pointlomachurch.org. Click on the Ministries tab, then scroll to Children.



Journey

Our 4th-5th grade Journey group is on break for the summer! We look forward to seeing you all in the fall!

Contact erin@pointlomachurch.org for more information.

MOPS: Mothers of Preschoolers
www.meetup.com/playgroup-754
Contact: sarah@pointlomachurch.org



MOPS.ORG

MOPS has wrapped up for the year. We'll see you again in September!

family beach day!
Friday, June 26
11am-3pm

Silver Strand State Beach
on Coronado Island Peninsula
(meet near lifeguard tower #4)
rsvp: karen@pointlomachurch.org

Children and Youth Choirs

Cherub Choir
Age 4 - Grade 1



Joyful Praise Choir
Grades 2 - 6

Our regular season has come to an end. We are working on details for presenting the Children's Musical. Stay tuned!

VBS EXPRESS COMING TO YOUR POINT LOMA NEIGHBORHOOD
AUGUST 3- 5

Armor Up!
BE STRONG IN THE LORD

DETAILS SOON @ POINTLOMACHURCH.ORG

Rocky Railway Update!

Please note: Rocky Railway registration fees will automatically be refunded by June 15. If you would like to donate your child's camper fee, please email vbs@pointlomachurch.org. On behalf of Red Brick Kids Children's Ministries, we will gratefully accept it to support the Vision and Mission of our church and the precious children we serve. Stay safe until we meet again!

**Preschool
Wishlist**

As the preschool prepares to re-open in the Fall with many new guidelines and regulations in place, they are in need of some supplies. Contact Nicole Hage for more information about any of these needs preschool@pointlomachurch.org

- Portable handwashing station
- Trailer for a new classroom
- Easy to disinfect toys
- Child size chairs
- Plexiglass dividers or partitions
- Lysol
- Disinfecting wipes
- Hand sanitizer
- Gloves



Mission Partner Updates

Our church has countless opportunities to learn from and find inspiration in relationships we have with our mission partnerships locally, regionally and globally. The one mission to which we are all called is God's mission.

In a recent letter from Farsijana Adeney-Risakotta, missionary in Indonesia, I am struck by her reference to Luke 14:26-33 where Jesus says that following Him will be costly and that we should count the cost before committing to him. He told a parable about the importance of planning for costs. Then in a paradoxical twist, Jesus concludes that his disciples must give up all they have in order to follow him. How do you plan for that? In a time of crisis, with a virus sweeping the world, loving our neighbors can mean giving up even our most cherished plans.

After years of collaborating and ministry, Farsijana was in the final weeks of preparation for an international conference in Indonesia titled "Innovative Commodities and Creative Community-Based Businesses: Preparing Indonesia to become the Fourth-Largest Economy in the World by 2030." At the conference, villagers were to meet with international participants with prospects for exporting their products with international certification as free trade, organic products. Tea and coffee farmers, goat herders, handicraft makers, food processors, batik textile artists, homestay

managers and trekking guides all joined in the planning.

Then came the Coronavirus. The government declared it a national disaster. Travel is forbidden, universities and face-to-face meetings shut down, tourist industry in severe doubt for several years.

Farsijana writes, "We make plans, but God's ways are a mystery. The passage referred to at the beginning of this letter encourages us to plan but also teaches us to release all our plans into the hands of God. God nurtures us and works for good in all circumstances. A world pandemic upsets our plans. Human suffering, fear, and death are inevitable parts of a pandemic, but this too is a test of our faith. Are we willing to leave all that we have, including our plans, to follow Christ? In the mystery of God's sovereignty, out of death will come life."

We are learning so much about ourselves through this process. But more importantly we are hopefully learning to draw closer to God as we journey this re:imagined path together.



The Outreach Foundation Update

South Sudanese refugees, in the camps of Ethiopia and Kenya, are struggling to survive, where living conditions are crowded, UN agencies are underfunded, PPE is at a premium, and people are hungry. But what is so amazing about this situation is that the church leaders in the camps are describing an even deeper hunger - for God's Word. They seem to truly understand the ultimate Source of Help. We, at The Outreach Foundation, are eager to help them meet this priority need. Through our past involvement in trauma healing, literacy training, and Bible distribution, we now have learned of an opportunity to ship a container of 5,000 Bibles in the Nuer language to the refugees! The Bibles cost \$7.00 each. Information on how to donate can be found at <https://give.theoutreachfoundation.org>.

Special THANK YOU! Shoutout to the prayer quilters who made an astonishing 340+ masks for our Church community during this time of need. Their generosity (and skills) are so appreciated!!



Bus Pass Drive



to benefit New Day Urban Ministries (formerly PUM) bus passes and monetary donations should be sent to the Church office - 2128 Chatsworth Blvd, San Diego, CA 92107

During the month of July, the Deacons will accept donations for bus passes, which are provided to homeless people who have need for transportation to medical appointments. Typically this season includes a request for backpacks to be distributed to students in need for the coming school year as well. Due to COVID-19 backpacks will not be accepted this year. Instead extra monetary donations will be given to New Day Ministries to use as they need. Please send your donations to the church office with the designation New Day Urban Ministries. Your generosity is needed and greatly appreciated!

For more information on New Day Urban Ministries current needs, please visit their website: at newdayurbanministries.org

Great Plates—Meal Service for Seniors

Great Plates is a new, temporary program for qualifying senior citizens initiated by Governor Newsom which provides three daily meals from a local restaurant delivered to you. Once you register, your assigned restaurant will reach out to you with menu options and delivery schedule. The program currently runs through June 10. Call the Aging & Independence Services Call Center at (800) 339-4661 and select option 7. A representative will be available to assist you during regular business hours: 8 a.m.-5 p.m., Monday through Friday or apply online at www.sandiegocounty.gov.

SESSION & STAFF

THE SESSION OF PLCPC *Denotes Chair

Rev. Karla Shaw, Senior Pastor 619-223-1633 Ext: 202

Rev. Alex Wirth, Associate Pastor 619-223-1633 Ext: 205

John Spafford, Clerk 619-985-4983, clerk@pointlomachurch.org

Kathy Wright, Assistant Clerk 619-275-0335, kwright6@outlook.com

Elder Class of 2020	Phone	E-mail
Gresham Bayne <i>Finance & Stewardship*</i>	619-223-3494	cgbaynemd@gmail.com
Douglas Buser <i>Audit, Endowment</i>	619-226-6332	valuedplanner@yahoo.com
Rebecca Cress <i>Worship & Arts*</i>	619-255-3220	cressteach@yahoo.com
Susie LaDow <i>Nominating*</i>	619-222-3790	susieladow@gmail.com
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Rob Wood <i>Outreach</i>	619-922-1644	rwood1976@hotmail.com
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Max Butterfield <i>Long Range Planning*</i>	810-441-6527	mbutter@pointloma.edu
Mike Long <i>Youth Ministry*</i>	254-640-0451	mikelong22@gmail.com
Frank Polese <i>Finance & Stewardship</i>	619-843-1282	fpolese@oasismaterials.com
Rita Solberg <i>Mission Beyond*</i>	619-222-2841	ritasolberg@cox.net
Barbett Wood* <i>Children's Ministry/ Preschool*, Presbytery Commissioner</i>	619-226-1644	makoakani@gmail.com
Elder Class of 2022	Phone	E-mail
John Brand <i>Renovation *</i>	619-992-1835	jbrand@sentre.com
Chris Capen <i>Worship & Arts</i>	858-243-7515	chriscapen@mac.com
Rocky Springstead <i>At-large</i>	619-208-4467	Rocky.springstead@yahoo.com
Kristin Stephany <i>Adult Ministry, Audit</i>	619-654-6180	winechickks@aol.com
Carloyn Verhoye <i>Nominating</i>	619-925-2065	worldkids2k@aol.com
Pam Werner <i>Capital Campaign</i>	619-955-8696	skiwerner@gmail.com
Stephanie Wylie <i>Personnel</i>	619-223-8240	skwylie@cox.net

Church Ministry Program and Support Staff 619-223-1633

OFFICE HOURS

Monday—Thursday 9 am to 5 pm

Friday— 9 am to 1 pm

Rev. Karla Shaw, Senior Pastor

karla@pointlomachurch.org—Ext. 202

Rev. Alex Wirth, Associate Pastor

alex@pointlomachurch.org—Ext. 205

Rev. Dr. Chris Lenocker, Parish Associate

chris.lenocker@gmail.com—619-987-8433

Jolene Wade, Director of Operations & Church Life—Ext. 204

jolene@pointlomachurch.org

Alicia McMillan, Director of Worship & Music—Ext. 208

Organist/Director of Children's Choirs

alicia@pointlomachurch.org

Bryan Verhoye, Music Associate & Pianist

mragvguy@aol.com

Evan Gratz, Director of Community Life

evan@pointlomachurch.org—Ext. 211

Elaine Burrell, Director of Senior Adult Ministry

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ro@pointlomachurch.org—Ext. 216

Karen Connor, Director of Children's Ministry

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Erin Shetter, Children's Ministry Assistant / Journey Leader

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Cynthia Hernandez, Child Care Coordinator

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Sarah Butterfield, MOPS Coordinator/ Youth Ministry Associate

sarahbutterfield@gmail.com

Nicole Hage, Preschool & TLC Director

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Andrea Benitez, Preschool Admin Assistant

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Evelyn Lambino, Financial Secretary—Ext. 206

evelyn@pointlomachurch.org

Joyce Pritchett, Communications Coordinator

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Church Office / Front Desk—Ext. 201

frontdesk@pointlomachurch.org

Save the Date! - June 21

We are so happy to welcome Rev. Brad Gustafson to our virtual pulpit on Sunday, June 21. Brad was previously an associate pastor here at PLCPC. Brad's sermon, *Tell Me the New, Old Story (Of Jesus and His Glory)*, reminds us that Christ comes to bring more than peace to a suffering world in troubled times; He is also sent at times to trouble a dying world in order to bring Life.





Phase 1: Reopening of the PLCPC Campus

Approved by Session on 5/27/2020

Basic Overview

- Provide a Sunday evening in-person, re-imagined contemporary worship gathering in an outdoor setting for those in our community who feel comfortable returning. CDC guidelines for vulnerable populations provided on the page 10.*
- Provide enhanced Sunday morning virtual services for those who are in the vulnerable category or are not comfortable returning to campus.
- The office and church campus continue to remain closed. Essential personnel (staff and volunteers) permitted to work on campus within CDC directives and with training and permission from the *Director of Operations and Church Life* (see bottom of page for more information)
- Preschool continues to operate in a modified form and is permitted to offer summer camps.

Outdoor Worship Service

Name: Inside-Out Worship

Time: Sunday evenings beginning June 21 at 5:30 pm

Place: Side handicapped parking lot of the Sanctuary with overflow in the inner courtyards and plaza with a possible drive-in option library parking lot later in the summer.

Format of service

- Participants bring picnic dinners, blankets/camp chairs and eat in designated socially distanced “pods” with their family units.
- This will be a simple worship service with 2-4 songs (Café style), a brief meditation, and prayer.
- Other elements of the service include a communal large canvas painting, communion on the first of the month, individualized kid’s activities (within family “pods”), and theme nights (i.e. Bluegrass, Jazz, etc.)
- The service will be livestreamed for those that want to participate but feel more comfortable picnicking at home.

Guidelines for outdoor service

1. This new outdoor service will be able to accommodate up to 29 family pods (37 if the Plaza is included) or 100 people (gathering rule of the city as of June 1, 2020). Spaces will be marked off for “pods” so people are social distancing at 6 feet. Kids must remain with their family pods.
2. Attenders are asked to sign-up in advance for the service each week.
3. The first couple weeks, participants are asked to arrive early to the service in order to assist with the seating process. Attenders will enter through the side parking lot gate where markers will be on the ground outside at least 6-feet apart to prevent overcrowding. There will be a flow through the outdoor parts of the campus and people will exit through the lower plaza gate. A staff person or volunteer will welcome and assist in seating.

4. Attendees are asked to wear masks to the service but are permitted to remove masks if 6-foot distancing is being abided by. There is an exception for those who wearing a mask poses a health risk. A volunteer or staff person will have a basket of masks available for those who do not have masks. Masks must be worn during the singing portion of the service.
5. Hand sanitizing stations will be placed at the entrance to the parking lot, as well as, various places throughout the campus. The bathrooms in the middle courtyards will be open but asked to be used for emergencies only.
6. No food or beverage will be served. People are permitted and encouraged to bring their own.
7. Attendees are reminded to please refrain from all physical greetings (handshakes, hugs, elbow bumps), but encouraged to chat while distancing and engage in air hugs and warm smiles.
8. Members/Constituents who are in the vulnerable category, including anyone that is feeling ill, are urged to stay at home and partake either in the morning virtual service or through the livestream. Additionally, those who have been exposed to someone with the virus, traveled internationally within fourteen days of the service, or recently traveled to “hot spots” are asked to refrain from attending.

Enhanced Virtual Services

Individual soloists will be permitted to record in the Sanctuary for use in the virtual services based upon the discretion and invitation of the *Director of Worship and Music*. The bell ministry, within CDC guidelines and with permission of the *Director of Worship and Music* may be permitted to practice and record outdoors. The New Covenant Choir and Ensemble are invited to re-imagine choral pieces online.

Other areas

The Children’s Musical is permitted to present outdoors to the parents of participants on the parking lot stage, as long as, CDC socially distancing guidelines are abided by (same regulations as Outdoor Service).

Volunteers

If someone is volunteering on campus during the phases of reopening they will be required to sign an assumption of risk waiver, in addition to, the existing process outlined in our Volunteer Handbook. Volunteers will also be required to participate in an online training regarding Covid-19 prevention and responsibilities. We discourage anyone in the vulnerable category from volunteering on-campus during this time.

*CDC Definition of Vulnerable Population

Older adults and people of any age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19. Based on what we know now, those at high-risk for severe illness from COVID-19 are:

- People 65 years and older
- People who live in a nursing home or long-term care facility

People of all ages with underlying medical conditions, particularly if not well controlled, including:

- People with chronic lung disease or moderate to severe asthma
- People who have serious heart conditions
- People who are immunocompromised

Many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications

- People with severe obesity (body mass index [BMI] of 40 or higher)
- People with diabetes
- People with chronic kidney disease undergoing dialysis
- People with liver disease



Undy Sunday

June 28 is Undy Sunday for New Day Urban Ministries! Believe it or not, underwear and bras are big budget items for New Day Urban Ministries (formerly PUM). Clean bras and underwear are something that many of us take for granted but are a blessing for those living on the streets. New underwear in any size for men, women and children (boxers are preferred over briefs for men) and bras (all sizes including sports bras) are needed. There will be a collection box on campus between the restrooms near the Family Life Center where you can drop off these much-needed donations.

Stories of Loss

Come join pastor Alex for a time of reflection and sharing about the grief and loss we are experiencing in these tragic times with regard specifically to the COVID-19 pandemic. We'll spend time cherishing the way things were. We'll talk about what we learned from them as we move forward. We'll practice telling the story of where we've come from that honors the past and looks towards what is to come.

We'll gather online via zoom on Wednesday, June 17, 24 and July 1 at 1:15 pm. E-mail Pastor Alex: alex@pointlomachurch.org for the Zoom details.

Updates Around Campus

As we prepare for our new Inside Out Worship service, which begins Sunday, June 21, we are making some changes around campus. The trees in the center courtyard have been removed and new artificial turf has been prepared for seating for our Inside Out Worship in the handicapped parking lot next to the Sanctuary.



The tree outside the Chapel was causing damage to the sidewalk so it needed to be removed as well.

Prayers, Pints & Patios

The Men's Ministry invites all men to join us on June 25 at 5 pm for Prayers, Pints & Patios. Grab your favorite beverage and join us on Zoom for a casual time together. Email evan@pointlomachurch.org for the Zoom details.

When was the last time you wrote a letter, by hand? It's a magical thing to put pen to paper. Sometimes it feels difficult to connect in this virtual world. To remedy some of that, Pastor Alex is launching a Pen Pal Program. He will pair you up with a new friend (or old, your choice) and provide weekly writing prompts to get you started. Simply send your name and address to Pastor Alex (alex@pointlomachurch.org) to get started or ask any questions.

Pen Pal Program

You've Got Mail!



We had so much fun celebrating Pentecost with many of you!
It was wonderful to see so many shining faces.
We know you were smiling as much as we were underneath those masks.

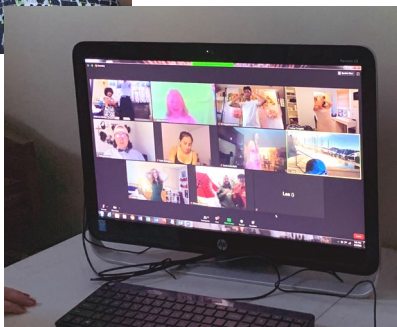
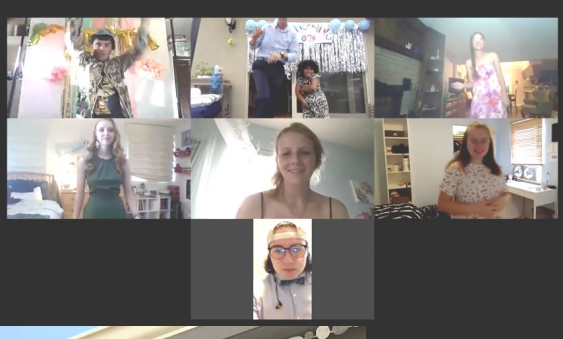


Pastor Karla is continuing a 4-part class on Racism and the African American Experience. The remaining sessions will be held June 15, 22 and 29 from 9-10:15 am via Zoom. The class helps explain African American history and the role of the church. It helps define racism and other terms you may have heard floating out there like "white privilege" and it paints a picture of our current context and why there is so much anger. E-mail Pastor Karla for the Zoom details: karla@pointlomachurch.org. Video recordings of the class are available on our website, pointlomachurch.org. The audio alone is on our podcast as well, pointlomachurch.org/connect/podcast

**RACISM AND THE
AFRICAN AMERICAN
EXPERIENCE**

CLASS RECORDINGS ARE AVAILABLE ONLINE
VIDEO AND PODCAST @POINTLOMACHURCH.ORG

Find the JOY in the Journey!



Learning is
Fun! @
Virtual
Preschool

