

Senior Adult Ministry

February 2019

Point Loma Community Presbyterian Church

2128 Chatsworth Blvd., San Diego, CA 92107

Elaine Burrell, MSW, Director of Senior Adult Ministry

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THE SEVEN WONDERS OF THE ANCIENT WORLD (\$12)

Wednesday, February 6, 11-12:30pm in the Family Life Center

The Seven Wonders have awed mankind from the 2nd century BC to the Modern Era. Today only the Great Pyramid at Giza still stands. The Lighthouse at Alexandria, the Temples of Zeus, and the almost-mythical Hanging Gardens of Babylon have either withered or passed into folklore. Join lecturer and author Mark Carlson as he details these wonders and provides images recreated by today's leading archaeologists and architects. **Register through OASIS by calling 619-881-6262 or at www.oasisnet.org, or pay by check at the door.**



RHINESTONE GRANNIES – VALENTINE LUNCHEON & SHOW

Tuesday, February 12; Doors Open at 10, Entertainment at 11, Lunch at Noon (\$6); 9:30-11:00 Blood Pressure Check

Join us for a delightful performance of dance, comedy and song by this troupe of talented ladies! Enjoy braised beef ribs, wild rice, herbed vegetables and a Valentine dessert (\$6). **RSVP to Elaine**



CURRENT EVENT DISCUSSION GROUP

Tuesday, February 19, 10-11:30am, Family Life Center

Keep up to date with happenings in our world. Bring a news article, magazine story, or topic of general interest to discuss. Coffee & pastries served.



HOME CARE, DAY CARE & MEMORY CARE: WHAT YOU NEED TO KNOW

Wednesday, February 20, 12-1:30pm

Is it time for more help? Learn about the range of available care options, what they cost and how to access them. Make informed decisions about getting help at home, placement, and community services. Presented by Amy Abrams of Alzheimer's San Diego. Bring a sack lunch and your questions.



OUTING TO OLD TOWN:

SHERIFF'S MUSEUM & LUNCH at MIGUEL'S COCINA

Wednesday, February 27 – Meet at the Church at 10:30am for a ride in the church van (limited to 13 people) or meet us at the museum. Join us

for a docent-led tour of this museum covering the entire history of the San Diego County Sheriff's Department from its inception in 1850 through today. View cars, motorcycles, real life jail cells from various eras, and replica Sheriff's offices from the 1850's, 1940's and present. After the tour, we will have lunch at Miguel's Cocina on the same block. \$5 Admission to the museum, bring \$20 for lunch. **RSVP to Elaine**

OTHER CHURCH HAPPENINGS



Forever Fit Gentle Exercise Class

In Partnership with the Peninsula Family YMCA

Every Wednesday 9-9:50am

Family Life Center



RACHEL CIRCLE

Monday, February 18, 9:30am, Church Library

Our longest active women's circle, Rachel Circle fosters friendship among women through monthly meetings, service projects, field trips and interesting programs. RSVP to Marge Grant at 619-296-2720



RED BRICK KNITTERS & CROCHETERS

Thursday, February 14, 10-12:00pm, Parlor

Bring your own project or work on squares for blankets while we chat. Contact Judy White at 858-565-6375, gmajudy@san.rr.com



Men's Fellowship

MEN @ WORK

Every Wednesday, 8:30am, Church Library

A congenial group of men who meet weekly for coffee to discuss life, our families, our wishes, the Bible and pray a bit. Then we spend time working on projects around the church. All abilities welcome. Contact: Don Griffith at 619-225-0350 or don.griffith69@gmail.com