# SENIOR ADULT MINISTRY

# POINT LOMA COMMUNITY PRESBYTERIAN CHURCH **MARCH 2020**

2128 Chatsworth Blvd., San Diego, CA 92107 Elaine Burrell, MSW, Director of Senior Adult Ministry 619-223-1633, Ext. 210 or elaine@pointlomachurch.org





# ST PATRICK'S DAY LUNCHEON WITH FIDDLE GIRL Tuesday, March 10 in the Family Life Center Doors Open at 10AM, Entertainment at 11AM, Lunch at Noon (\$6)

**Blood Pressure Check 9:30-11:00AM** 

Let's be Irish for a day! Enjoy a feast of corned beef, cabbage, vegetables, and all the fixings for a festive St. Patrick's Day. Entertainment by "Fiddle Girl" Celia Lawley, a high-energy multi-instrumentalist. RSVP to Elaine



#### MEMORY FRIENDS

### Tuesday, March 17, 10:30-11:30AM in the Family Life Center

A social gathering for people experiencing mild to moderate cognitive changes. Together we will socialize, enjoy a stimulating activity, reminisce and support each other through the journey. Caregivers & family welcome. Light refreshments served. Hosted by Elaine Burrell & Pastor Alex Wirth.



## **MOVIE DAY & LUNCH - FORD VS. FERRARI** Wednesday, March 18, 11:00AM in the Family Life Center Pizza & Salad (\$5)

Academy Award-winners Matt Damon and Christian Bale star in FORD v FERRARI. based on the remarkable true story of the visionary American car designer Carroll Shelby (Damon) and the fearless British-born driver Ken Miles (Bale), who together battled corporate interference, the laws of physics, and their own personal demons to build a revolutionary race car for Ford Motor Company and take on the dominating race cars of Enzo Ferrari at the 24 Hours of Le Mans in France in 1966.



# **OUTING TO THE LEGACY INTERNATIONAL CENTER & LUNCH** Tuesday, March 24, Depart church at 9:30AM, Return by 2:30PM

Be among the first to visit the new Legacy International Center in Mission Valley. Experience the interactive globe, 4-D History Dome Theater, International Market, and Catacombs. Our visit will conclude with a no-host lunch at Fountains Restaurant on-site (bring \$20 for lunch). Reservations required, space is limited, RSVP to Elaine



# FOREVER FIT GENTLE EXERCISE CLASS

In Partnership with the Peninsula Family YMCA Every Wednesday 9-9:50am, Family Life Center **FREE** 

# **OTHER CHURCH HAPPENINGS**



# RACHEL CIRCLE March 16, 9:30AM, Church Library

Our longest active women's circle, Rachel Circle fosters friendship among women through monthly meetings, service projects, field trips and interesting programs. RSVP to Marge Grant at 619-296-2720.



# **RED BRICK KNITTERS & CROCHETERS**

Thursday, March 12, 10-12:00PM, Parlor

Bring your own project or work on squares for blankets while we chat. Contact Judy White at 858-565-6375, <a href="mailto:gmai



#### MEN @ WORK

### **Every Wednesday, 8:30AM, Church Library**

A congenial group of men who meet weekly for coffee to discuss life, our families, our wishes, the Bible and pray a bit. Then we spend time working on projects around the church. All abilities welcome. Contact: Don Griffith at 619-225-0350 or don.griffith69@gmail.com

